



# Why MyTime?

MyTime is a peer support program for parents and carers of a child with a disability, chronic medical condition or other additional needs including developmental delay.

## GROUP NAME:

**MyTime Tanunda**

## GROUP DETAILS:

### **The Hub**

83 Murray Street, Tanunda 5352 SA  
Thursdays 9:30 – 11:30 am

## CONTACT DETAILS:

Ros – 0403 086 279  
Email: [ros.briggs@sa.gov.au](mailto:ros.briggs@sa.gov.au)

Unwind and  
share experiences  
with others who  
understand



**Health**  
Women's and Children's  
Health Network



[mytime.net.au](http://mytime.net.au)

# MyTime term plan

mytime.net.au

DATES	GROUP ACTIVITY	CHILDREN'S ACTIVITY
30/04/2026	Welcome Back!	Play helper will engage children in play
07/05/2026	Craft activity- kindly donated by Dulux/Mitre 10 Nuri	Play helper will engage children in play
14/05/2026	TBA	Play helper will engage children in play
28/05/2026	DACSSA- Monique Advocacy support for families	Play helper will engage children in play
04/06/2026	Developmental Supports, new local service provider	Play helper will engage children in play
11/06/2026	End of Term Break up- Venue to be advised	Play helper will engage children in play



It's support  
for you



It's free to  
join



Professional  
support



Pre-school aged  
children are welcome