

## ***Road – Path – Journey - Pilgrimage***

You make known to me the path of life;  
you will fill me with joy in your presence,  
with eternal pleasures at your right hand.

Psalm 16:11

The idea of life as a road or path we take is a common image. Explore it as a theme in Scripture and prayer and discover how God may be wanting to grow you as a traveller on his way. Pilgrimage is another related concept and if this attracts you, you may be interested to immediately watch ***Pilgrimage: Road to Santiago*** on ABC iview – the series was screened at Easter **and will only continue to be available this week**

Begin by reading one or more of the suggested Bible texts:

Deut 11:18-19; Ps 23:2-4; Ps 119:105; Is 40:3-5; Is 49:10-12; **Luke 24:13-35**

- Take time to “dwell in the Word” - allow God to speak through the Bible passage – take note of anything that jumps out or any questions that arise – pray and ask for insight
- Imagine yourself walking along a road and as Jesus joins you, he asks how you are going. What do you want to tell him? What does he want to say to you?
- Go for a walk. Simply enjoy walking knowing that Jesus is with you. Give thanks.
- Go for a walk or a drive. Ask the Holy Spirit to open your eyes to see things through God’s eyes. What do you see? What looks different? What do you notice that you have not noticed before, or that strikes you in a new way? What is God saying to you?
- Draw a path or road on a sheet of paper or in your journal. Draw or imagine that it is in a landscape. Consider where you are on the path. Where is Jesus? Where might the path be leading? Are there others on the path who you need to show that Jesus is there?
- Bible search – search for Biblical texts that include paths, roads, pilgrimages. You could use a concordance to help you or an on-line tool like Bible Gateway. Is the Holy Spirit highlighting something for you to meditate on further and pray about?
- Research the significance of Labyrinths as a way of Christian prayer.
- (When open again) go and spend some time at one of the local Labyrinths. Let each step be a prayer for yourself or for others.
- (When open again) take time praying through the reflection sheet at the Jesus Walk.
- Write in your journal or notebook about a journey (real or symbolic) that you would like to take with Jesus. Where does **he** want to take you? Pray for grace and courage to go.
- Read *Pilgrim’s Progress* by John Bunyan
- Reflect on the following quote from CS Lewis: *I thought we went along paths – but it seems there are no paths. The going itself is the path” (Perelandra)*. Read Jeremiah 6:16 and reflect on not just knowing the way but walking in it. Pray for help for the journey.